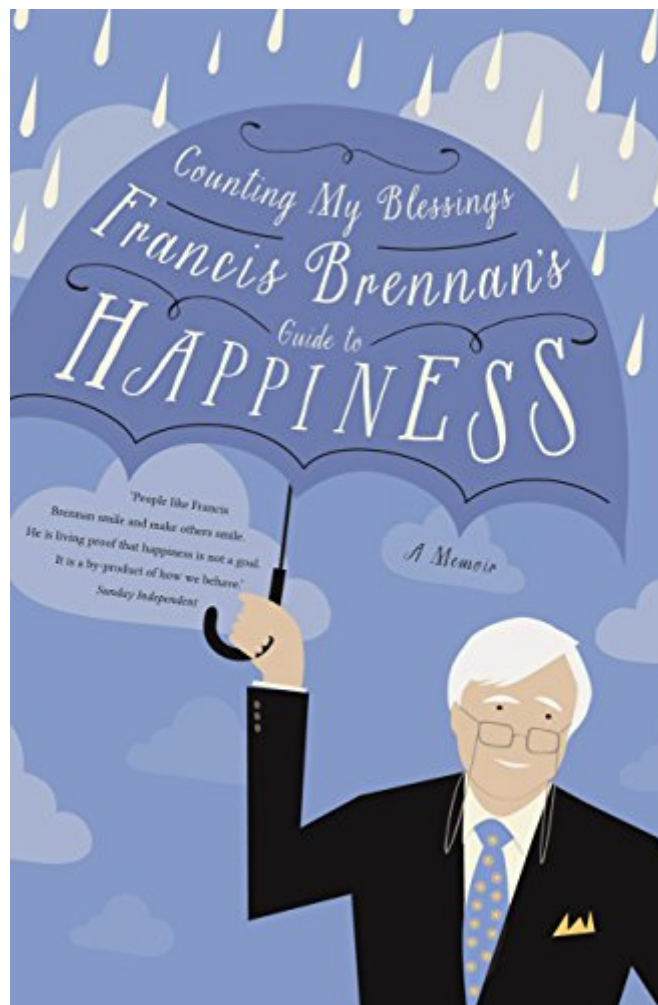


The book was found

Counting My Blessings - Francis Brennan's Guide To Happiness: How To Make The Most Of What Life Throws At You



Synopsis

Francis Brennan is back â “ to spread a little happiness!â ^Life can deal us any kind of hand, good or bad. Often itâ ™s a bit of both, and the only difference is what we make of it. Thatâ ™s the subject of this book â “ how we handle what life throws at us and how we learn to make the most of it. In short, itâ ™s a book about happiness.â ™Full of warm and witty anecdotes, Francis Brennan shares his memories while letting us in on the secret to his success â “ his belief in happiness. By counting his blessings â “ such as his childhood, family, friendships, career, travel, spirituality, home life and public life â “ he outlines what matters to him and what has sustained him in life, and shows how learning to be happy is the most important gift you can give yourself. By sharing how he has dealt with the ups and downs of life, Francis Brennan proves that happiness is something you choose, rather than something that chooses you.

Counting Your Blessings: Table of Contents
Introduction
Family Matters
Overcoming Challenges
Work, Glorious Work
Park Life
Living in the Limelight
Travel Broadens the Mind
A Hug Goes a Long Way
A Few of My Favourite Things

Book Information

File Size: 562 KB

Print Length: 229 pages

Page Numbers Source ISBN: 0717168786

Publisher: Gill & Macmillan (October 9, 2015)

Publication Date: October 5, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B0166N0T32

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #222,215 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #38

inÂ Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > How-to & Home Improvements >

Reference #56 inÂ Kindle Store > Kindle eBooks > Reference > Etiquette #71 inÂ Books >

Biographies & Memoirs > Ethnic & National > Irish

Customer Reviews

A real feel good book to read. Loved the way Francis can feel grateful for every small thing in his life. It has made me think more positive

Love the book, and I'm crazy about hotelier Francis Brennan. He is one of the funniest people in the world, and he makes you feel good just to say hello. Good craic!

Disappointed with this book, not what I expected

[Download to continue reading...](#)

Counting My Blessings - Francis Brennan's Guide to Happiness: How to Make the Most of What Life Throws at You Victorious Teen: Buddhist Advice for Dealing With What Life Throws at You Brennan's New Orleans Cookbook...and the Story of the Fabulous New Orleans Restaurant [The Original Classic Recipes] Chicken Soup for the Soul: Think Positive: 101 Inspirational Stories about Counting Your Blessings and Having a Positive Attitude How Many Snails?: A Counting Book (Counting Books (Greenwillow Books)) 100 Colorful Ripple Stitches to Crochet: 50 Original Stitches & 50 Fabulous Colorways for Blankets and Throws (Knit & Crochet) Dead Heat by Dick Francis Felix Francis (2007-09-17) Audio CD Pope Francis: The 50 Prayers Of Pope Francis: Christian Prayer Handbook The Art of Happiness in a Troubled World (Art of Happiness Book) The Pursuit of Happiness: Ten Ways to Increase Your Happiness (Paul G. Brodie Seminar Series Book 3) El Poder de la alegr a - The power of real Happiness: Peque os detalles que nos cambian la vida - Happiness Factory (LAS CLAVES PARA TENER  XITO EN LA VIDA) (Spanish Edition) You Wouldn't Want to Explore With Sir Francis Drake!: A Pirate You'd Rather Not Know Pronoia Is the Antidote for Paranoia: How the Whole World Is Conspiring to Shower You with Blessings Thank You, God! (Little Blessings Line) God Loves You (Little Blessings) Sweetness: Southern Recipes to Celebrate the Warmth, the Love, and the Blessings of a Full Life The Happiness Dare: Pursuing Your Heart's Deepest, Holiest, and Most Vulnerable Desire Interview: Job Interview: HOW TO PREPARE FOR A JOB INTERVIEW AND MAKE SURE YOU GET THE JOB YOU DESIRE!: (+2nd FREE BOOK) 50+ Most Essential Questions (Interview,Search,Hunting,Job Interview) How to Retire Happy, Fourth Edition: The 12 Most Important Decisions You Must Make Before You Retire How to Retire Happy: The 12 Most Important Decisions You Must Make Before You Retire

[Dmca](#)